**Turkey Sausage & Veggie Bowl**

8 oz. turkey sausage

¼ cup jasmine rice (3/4 cup cooked)

¼ cup black beans

½ cup sweet potato, cubed

1 bacon slice

¼ avocado, sliced

¼ red bell pepper, sliced

¼ green bell pepper, sliced

1 cup broccoli, chopped

1 cup spinach, chopped

¼ cup cilantro, chopped

2 tsp. hot sauce

Place all ingredients in a bowl and enjoy

Makes 1 serving